WLE Webinar

How Women Rise:
Why What Got You Here Won't Get You There

1) Which of the habits discussed resonated the most with your past experience? How did you ultimately overcome this habit, or is it something you continue to struggle with?

2) Looking forward, which of the habits are most likely impede your forward progression? Having identified it as a potential problem area, how might you push against it?

3) How might specific habits that have served you well in your work become less effective or even problematic when you reach a higher level?

4) Would you say you are good at bringing attention to your achievements, especially among the leaders in your organization, division or unit?
   • If you're not, what holds you back?
   • If yes, do you feel you get push-back from anywhere?

5) Do you tend to judge people who are good at building visibility as being "self-promoters"? Objectively speaking, is this a behavior you could benefit from?

6) Do you regularly ask people in your network for help in reaching your goals?
   • If no, why not? Do you feel there's value to be had there, or see that approach working well for others in your life?
   • If yes, what has been your experience? Has it been valuable?

7) Do you strive to deliver perfect work and beat yourself up if what you deliver falls short in any way? Is perfect even possible? How might this tendency negatively impact not only your work life but emotional well-being?

8) Do you often feel it's easier to just do something yourself rather than to delegate it to those who should be doing it? If yes, what has that experience been like?

9) Have you had feedback that you should be more concise and focused when you make presentations or meet with senior leaders in your organization? *We'll discuss this more in the final 2019 webinar on effective messaging.*

10) When making your career goals known or actively seeking to be promoted, do you feel you're seen as ambitious or pushy? How can you better navigate this feeling when holding yourself back isn't an option?